

THE BAGMATI

MONTHLY BULLETINE

Rotary
Pashupati Kathmandu



Rotary Year 2026/2027

**CREATE
LASTING
IMPACT**



FROM THE EDITOR

Rtn Tej Prasad Timsina
Club President 2026-27

THE BAGMATI is the monthly bulletin published by the club in both physical and online version. The sole purpose of this magazine is to update the members and guests regarding the projects of the club. We also encourage our members to put their valuable article in this bulletin.

Flood Relief Materials for Rasuwa

Standing with families hit by the floods, the club arranged relief materials for the people of Uttargaya Rural Municipality in Rasuwa. The effort reached about 500 beneficiaries and cost Rs. 372,000: Rs. 330,000 for the relief materials and Rs. 42,000 for transportation. Five Rotarians and three volunteers from outside the club took part. Moments like this remind us why Rotary exists: to be there when neighbours need help most. Jay Rotary!

Free Sugar and Blood Pressure Check-up

Together with HPN Clinic of Suryabinayak, Bhaktapur, and Micro Labs, the club was announced as a partner for a free health camp on the morning of Sunday, Asoj 11, 2083, from 8 to 10 AM. The camp offered sugar and blood pressure tests, a whole-body check-up and counselling on non-communicable diseases, and visitors were asked to come on an empty stomach. Bringing simple screening close to the community is a small step that can catch big problems early.



September at a glance

- Flood relief for about 500 people in Rasuwa
- Rs. 372,000 spent on relief materials and transport
- Free sugar and BP camp with HPN Clinic and Micro Labs

September: Literacy Month

Rotary marks September as Basic Education and Literacy Month. The belief behind it is simple: a child who can read can imagine, question and lead. Education is one of Rotary's seven areas of focus, and it is the thread that ties many of our projects together, from classrooms to health awareness. Read a page, help a child read, and write for The Bagmati.

500
people reached in Rasuwa

Rs. 372,000
relief materials and transport

8 volunteers
Rotarians and friends on the ground

Rotary Leaders 2026-27



Olayinka Hakeem Babalola
President, Rotary International



Vishnu Bahadur Karkee
District Governor, RI District 3292



Tej Prasad Timsina
President, Rotary Club of Pashupati
Kathmandu

About Our Club

The Rotary Club of Pashupati Kathmandu (Club ID 51038) was chartered on 1 April 1998, with Ganesh Bahadur Thapa as Charter President. More than 28 years on, the club continues to serve across nine areas of focus: fighting disease, saving mothers and children, clean water and sanitation, disaster response, protecting the environment, child development, happy schools, Rotary Literacy TEACH and supporting education. Our club portal has recorded 21 service projects so far. We meet every Wednesday at 5:30 PM at Hotel Airport, Airport Gate, and every guest is welcome.

A New Rotary Year

Rotary Year 2026/27 opened on 1 July 2026, with Olayinka Hakeem Babalola leading Rotary International, Vishnu Bahadur Karkee guiding District 3292 and Tej Prasad Timsina steering our club. Rotary's core values of Service, Fellowship, Diversity, Integrity and Leadership will guide each project we take up this year, and this bulletin will record them month by month.

Rotary's Seven Areas of Focus

Promoting peace

Supporting conflict prevention and resolution

Fighting disease

Prevention, treatment and public awareness

Clean water and sanitation

Safe water, sanitation and hygiene for all

Saving mothers and children

Healthier births and healthier childhoods

Supporting education

Basic education and literacy for every child

Growing local economies

Livelihoods and community development

Protecting the environment

Sustainable communities for the future

Your club, your cause

Every project we take up fits one of these seven areas

Club Board 2026-27

President – Tej Prasad Timsina
 President Elect – Dipendra Banskota
 Immediate Past President – Ganesh Subedi
 Vice President – Bindu Prakash Joshi
 Vice President – Manoj Paudel
 Secretary – Ramu Pandeya
 Joint Secretary – Nisha Acharya
 Treasurer – Moti Ram Phuyal
 Service Project Chair – Ganesh Subedi
 Membership Chair – Prakash Sapkota
 TRF Chair – Dr. Archana KC
 Public Relations Chair – Surya Bahadur Adhikari
 Club Administration Chair – Dr. Binod Dangal
 Club Learning Facilitator – Milan Kumar KC

Chartered President
 Ganesh Bahadur Thapa

Club Mentors
 Haribhakta Budhathoki
 Rajesh Neupane
 Shalik Ram Adhikari

Club Advisors
 Sashi Raj Pandey
 Chuman Jung Shahi
 Durga Prasad Subedi

Happy Birthday

Dr. Binod Dangal – 13 September
 PP Rtn Devi Ram Sharma – 21 September

Happy Anniversary
 Rtn Giri Raj Khatri & Kamala – 25 September
 PP Rtn Devi Ram Sharma & Karuna – 21 September

Write for The Bagmati

This bulletin belongs to every member. Send your articles, project reports and photographs to the Public Image Committee so they can appear in the next issue. Wishing every Rotarian a month of service, fellowship and good health.
 Jay Rotary!



The Four Way Test

Is it the **TRUTH**? Is it **FAIR** to all concerned? Will it build **GOODWILL** and **BETTER FRIENDSHIPS**? Will it be **BENEFICIAL** to all concerned?

From the Editor's Desk

Standing With Our Neighbours

September asked something different of us. When floods reached Uttargaya Rural Municipality in Rasuwa, help was needed quickly and in kind: relief materials, transport and willing hands. Five Rotarians and three friends made the effort, and about five hundred people were reached with relief worth Rs. 372,000. Rotary's strength lies not in the size of one gift but in our readiness to move when we are needed.

The same month, our club stood as a partner with HPN Clinic and Micro Labs for a free sugar and blood pressure check-up. Health camps are quiet work, with no ribbons and no speeches, but a number on a gauge can sometimes save a life.

September is also Basic Education and Literacy Month. Let us end it with a small pledge: to read a little more, to help one child read, and to write something for the next issue of The Bagmati.

This month in Rotary

SEPTEMBER

Basic Education and Literacy Month

WHY IT MATTERS

Reading is the doorway to every other opportunity

OUR CLUB THIS MONTH

Flood relief in Rasuwa and a free health check-up camp

MEETINGS

Wednesdays, 5:30 PM, Hotel Airport

NEXT MONTH

October is Economic and Community Development Month

CREATE LASTING IMPACT

Our slogan for Rotary Year 2026/27

Our Five Core Values

Service

Giving time, skill and resources to those who need them.

Fellowship

Friendships that make the work lighter and the memories longer.

Diversity

Many professions and perspectives, one shared purpose.

Integrity

Doing what is right, even when nobody is watching.

Leadership

Growing members who can lead change in their own communities.

The Four-Way Test

Written in 1932 by Herbert J. Taylor and adopted by Rotary in 1943, the Four-Way Test is a simple compass for every decision a Rotarian makes. Of the things we think, say or do:

1 Is it the **TRUTH**?

Honest words and honest numbers build trust, in a club and in a community.

2 Is it **FAIR** to all concerned?

Every decision should leave room for every voice around the table.

3 Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?

The best projects bring people closer, long after the work is done.

4 Will it be **BENEFICIAL** to all concerned?

Good service lifts the one who receives it and the one who gives it.

Rotary Quiz: Test Yourself

1. Which district received flood relief materials from the club?
2. Which two health checks did the HPN Clinic camp offer?
3. September is Rotary's month for which theme?
4. What is the name of Rotary's charitable arm?
5. How many Rotarians joined the Rasuwa relief effort?

Answers: 1) Rasuwa 2) Sugar and blood pressure 3) Basic Education and Literacy 4) The Rotary Foundation 5) Five

Notice Board

Weekly Meeting

Every Wednesday, 5:30 PM at Hotel Airport, Airport Gate. Guests are always welcome.

Write for The Bagmati

Send reports, photos and stories to the Public Image Committee for the next issue.

Find Us Online

www.rotaryclubofpashupati.org.np and Facebook: Rotary Club of Pashupati-Ktm



Committee Corner

Club Administration Committee

Chair: Dr. Binod Dangal

Advisor: Surya Bahadur Adhikari • Co-Chair: Bhuwan Singh Kunwar • Members: Jessica Chemjong, Dipendra Banskota, Chiranjibi Bhattarai

- Update the club bylaws and constitution; publish the souvenir "The Pashupati" and this bulletin, The Bagmati
- 48 regular, 12 board and 6 assembly meetings planned, with 12 guest speakers through the year
- Family picnic on 24–25 January 2027; Chartered Day and the District Governor's visit on 1 April 2027
- Birthdays, anniversaries and festival fellowships, including Dashain Tika

The Rotary Foundation Committee

Chair: Dr. Archana KC

Advisor: Rajesh Neupane • Co-Chair: Bharat Karki • Members: Jessica Chemjong, Shalik Ram Adhikari, Ganesh Subedi

- Giving targets for the year: USD 15,000 annual target (November), USD 10,000 for polio (October), USD 5,000 Annual Fund
- Total goal of USD 30,000, with every member contributing
- Aims: five new PHF/MPHF members, one Major Donor and one Global Grant

Membership Committee

Chair: Prakash Sapkota

Advisor: Haribhakta Budhathoki • Member: Nisha Acharya

- Four new members inducted (two women, two men); club officers' training held in July jointly with Zone 3 clubs
- New-member orientation completed in August; 32 members (65%) registered on My Rotary
- Aims: 100% retention, more women members, spouses in Rotary, and Rotaractors joining as Rotarians

Public Relations Committee

Chair: Surya Bahadur Adhikari

Advisor: Chuman Jung Shahi • Co-Chair: Moti Ram Phuyal • Members: Manoj Paudel, Hark Bahadur Saud

- Share club projects on the Viber group, Facebook page, website, GML and Rotary magazine
- Publish this bulletin every month; show the Four-Way Test and Rotary identity at the meeting venue
- Upgrade the Rotary Prahari Batika and display Rotary banners at project sites and public events

Service Project Committee

Chair: Ganesh Subedi

Advisor: Sashi Raj Pandey • Members: Bhubaneswori Rao, Giri Raj Khatri, Manoj Paudel

- Community drinking water and irrigation project in Gulmi; scholarships for 20 children at Rastra Nirman School, Mulpani
- Global Grant project for a maternity hospital water treatment plant; free health check-ups at HPN Clinic, Bhaktapur
- Polio awareness campaign on 24 October; health camp and warm clothes distribution in November and December

THIS MONTH: World Peace Day candle-lighting at Boudha Stupa (21 Sept), Rasuwa flood relief

COMING UP: Polio awareness campaign (24 Oct) • TRF annual target (Nov) • Warm clothes distribution (Dec)