

THE BAGMATI

MONTHLY BULLETINE

Rotary
Pashupati Kathmandu



Rotary Year 2026/2027

**CREATE
LASTING
IMPACT**



Vishnu Bahadur Karkee
District Governor
RI District 3292

Olayinka Hakeem Babalola
RI President
Rotary International

FROM THE EDITOR

Rtn Tej Prasad Timsina
Club President 2026-27

THE BAGMATI is the monthly bulletin published by the club in both physical and online version. The sole purpose of this magazine is to update the members and guests regarding the projects of the club. We also encourage our members to put their valuable article in this bulletin.

Community Burn Prevention and First Aid Training

In collaboration with Interplast Nepal and Interburns UK, the Rotary Clubs of Pashupati and Sankhu jointly conducted a Community Burn Prevention and First Aid Training at Airport Hotel. Dr. Santosh Bhandari (President, Interplast Nepal), Mr. Anil Dhital (Regional Manager, Interburns UK) and Ms. Shanta Mahara (nurse) led a three-hour session for 42 participants, who worked in groups to share what they understood about the causes of burns and how to stay safe. Thirty Rotarians and fifteen guests took part, and the programme cost Rs. 90,000.

Burns remain a serious concern in Nepal, with about 60,000 cases every year. High treatment costs, a shortage of proper hospitals and limited budgets were named as the biggest challenges. The session opened everyone's eyes to the everyday risks of using fire at home, and showed what to do, and what not to do, when a burn happens. At least one person can teach a family, and the family can pass the message to relatives. Participants received certificates, and the presenters were honoured with a token of love by the Presidents of both clubs. Jay Rotary!

August at a glance

- 1 joint community training with RC Sankhu
- 42 participants trained in burn first aid
- Partners: Interplast Nepal and Interburns UK
- Programme cost: Rs. 90,000

August: Membership Month

Rotary marks August as Membership and New Club Development Month. It is a good moment to invite a friend, a colleague or a neighbour to a Wednesday meeting and let them see what Rotary service feels like. Every member is a doorway to a new Rotarian.



Burn first aid: remember

Stop, Drop and Roll

Cool the burn with running water

Remove clothing carefully

Use Jeevan Jal when taking the patient to hospital

Teach one family and let the message spread

Join us every Wednesday

The Rotary Club of Pashupati Kathmandu meets every Wednesday at 5:30 PM at Hotel Airport, Airport Gate.

Guests and prospective members are always welcome.

The Four Way Test

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?

Rotary Leaders 2026-27



Olayinka Hakeem Babalola
President, Rotary International



Vishnu Bahadur Karkee
District Governor, RI District 3292



Tej Prasad Timsina
President, Rotary Club of Pashupati
Kathmandu

About Our Club

The Rotary Club of Pashupati Kathmandu (Club ID 51038) was chartered on 1 April 1998, with Ganesh Bahadur Thapa as Charter President. More than 28 years on, the club continues to serve across nine areas of focus: fighting disease, saving mothers and children, clean water and sanitation, disaster response, protecting the environment, child development, happy schools, Rotary Literacy TEACH and supporting education. Our club portal has recorded 21 service projects so far. We meet every Wednesday at 5:30 PM at Hotel Airport, Airport Gate, and every guest is welcome.

A New Rotary Year

Rotary Year 2026/27 opened on 1 July 2026, with Olayinka Hakeem Babalola leading Rotary International, Vishnu Bahadur Karkee guiding District 3292 and Tej Prasad Timsina steering our club. Rotary's core values of Service, Fellowship, Diversity, Integrity and Leadership will guide each project we take up this year, and this bulletin will record them month by month.

Rotary's Seven Areas of Focus

Promoting peace

Supporting conflict prevention and resolution

Fighting disease

Prevention, treatment and public awareness

Clean water and sanitation

Safe water, sanitation and hygiene for all

Saving mothers and children

Healthier births and healthier childhoods

Supporting education

Basic education and literacy for every child

Growing local economies

Livelihoods and community development

Protecting the environment

Sustainable communities for the future

Your club, your cause

Every project we take up fits one of these seven areas

Club Board 2026-27

President – Tej Prasad Timsina
 President Elect – Dipendra Banskota
 Immediate Past President – Ganesh Subedi
 Vice President – Bindu Prakash Joshi
 Vice President – Manoj Paudel
 Secretary – Ramu Pandeya
 Joint Secretary – Nisha Acharya
 Treasurer – Moti Ram Phuyal
 Service Project Chair – Ganesh Subedi
 Membership Chair – Prakash Sapkota
 TRF Chair – Dr. Archana KC
 Public Relations Chair – Surya Bahadur Adhikari
 Club Administration Chair – Dr. Binod Dangal
 Club Learning Facilitator – Milan Kumar KC

Chartered President
 Ganesh Bahadur Thapa

Club Mentors
 Haribhakta Budhathoki
 Rajesh Neupane
 Shalik Ram Adhikari

Club Advisors
 Sashi Raj Pandey
 Chuman Jung Shahi
 Durga Prasad Subedi

Happy Birthday

Dr. Sangeeta Baral Basnet – 24 August
 Rtn Bhuvan Singh Kunwar – 24 August

Welcome to the new Rotary month: invite a friend to join us this Wednesday

Write for The Bagmati

This bulletin belongs to every member. Send your articles, project reports and photographs to the Public Image Committee so they can appear in the next issue. Wishing every Rotarian a month of service, fellowship and good health. Jay Rotary!



The Four Way Test

Is it the **TRUTH**? Is it **FAIR** to all concerned? Will it build **GOODWILL** and **BETTER FRIENDSHIPS**? Will it be **BENEFICIAL** to all concerned?

From the Editor's Desk

Learning to Prevent, Learning to Protect

August reminded us that service is not only about giving; it is also about teaching. At Airport Hotel, members of the Rotary Clubs of Pashupati and Sankhu sat alongside guests and learned what to do in the first minutes after a burn. Stop, drop and roll. Cool the burn with running water. Remove clothing with care. Simple lessons, yet they can change what happens next in a family's life.

The session also showed that clubs working together reach further than clubs working alone. We thank Interplast Nepal and Interburns UK for sharing their knowledge so generously, and our friends at the Rotary Club of Sankhu for being such good partners.

August is also Membership Month. If this bulletin makes you proud of your club, bring a friend to our next Wednesday meeting. Rotary grows one invitation at a time.

This month in Rotary

AUGUST

Membership and New Club Development Month

YOUR ROLE

Invite one friend or colleague to a Wednesday meeting

THE PROMISE

Every member is a doorway to a new Rotarian

MEETINGS

Wednesdays, 5:30 PM, Hotel Airport

NEXT MONTH

September is Basic Education and Literacy Month

CREATE LASTING IMPACT

Our slogan for Rotary Year 2026/27

Our Five Core Values

Service

Giving time, skill and resources to those who need them.

Fellowship

Friendships that make the work lighter and the memories longer.

Diversity

Many professions and perspectives, one shared purpose.

Integrity

Doing what is right, even when nobody is watching.

Leadership

Growing members who can lead change in their own communities.

The Four-Way Test

Written in 1932 by Herbert J. Taylor and adopted by Rotary in 1943, the Four-Way Test is a simple compass for every decision a Rotarian makes. Of the things we think, say or do:

1 Is it the **TRUTH**?

Honest words and honest numbers build trust, in a club and in a community.

2 Is it **FAIR** to all concerned?

Every decision should leave room for every voice around the table.

3 Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?

The best projects bring people closer, long after the work is done.

4 Will it be **BENEFICIAL** to all concerned?

Good service lifts the one who receives it and the one who gives it.

Rotary Quiz: Test Yourself

1. Which two clubs held the burn prevention training together?
2. How long was the training session?
3. What should you use first to cool a burn?
4. August is Rotary's month for which theme?
5. What is the first question of the Four-Way Test?

Answers: 1) Pashupati and Sankhu 2) Three hours 3) Cool running water 4) Membership 5) Is it the TRUTH?

Notice Board

Bring a Friend

August is Membership Month. Bring a guest to our Wednesday meeting, 5:30 PM at Hotel Airport.

Write for The Bagmati

Send reports, photos and stories to the Public Image Committee for the next issue.

Find Us Online

www.rotaryclubofpashupati.org.np
and Facebook: Rotary Club of Pashupati-Ktm



Committee Corner

Club Administration Committee

Chair: Dr. Binod Dangal

Advisor: Surya Bahadur Adhikari • Co-Chair: Bhuwan Singh Kunwar • Members: Jessica Chemjong, Dipendra Banskota, Chiranjibi Bhattarai

- Update the club bylaws and constitution; publish the souvenir "The Pashupati" and this bulletin, The Bagmati
- 48 regular, 12 board and 6 assembly meetings planned, with 12 guest speakers through the year
- Family picnic on 24–25 January 2027; Chartered Day and the District Governor's visit on 1 April 2027
- Birthdays, anniversaries and festival fellowships, including Dashain Tika

The Rotary Foundation Committee

Chair: Dr. Archana KC

Advisor: Rajesh Neupane • Co-Chair: Bharat Karki • Members: Jessica Chemjong, Shalik Ram Adhikari, Ganesh Subedi

- Giving targets for the year: USD 15,000 annual target (November), USD 10,000 for polio (October), USD 5,000 Annual Fund
- Total goal of USD 30,000, with every member contributing
- Aims: five new PHF/MPHF members, one Major Donor and one Global Grant

Membership Committee

Chair: Prakash Sapkota

Advisor: Haribhakta Budhathoki • Member: Nisha Acharya

- Four new members inducted (two women, two men); club officers' training held in July jointly with Zone 3 clubs
- New-member orientation completed in August; 32 members (65%) registered on My Rotary
- Aims: 100% retention, more women members, spouses in Rotary, and Rotaractors joining as Rotarians

Public Relations Committee

Chair: Surya Bahadur Adhikari

Advisor: Chuman Jung Shahi • Co-Chair: Moti Ram Phuyal • Members: Manoj Paudel, Hark Bahadur Saud

- Share club projects on the Viber group, Facebook page, website, GML and Rotary magazine
- Publish this bulletin every month; show the Four-Way Test and Rotary identity at the meeting venue
- Upgrade the Rotary Prahari Batika and display Rotary banners at project sites and public events

Service Project Committee

Chair: Ganesh Subedi

Advisor: Sashi Raj Pandey • Members: Bhubaneswori Rao, Giri Raj Khatri, Manoj Paudel

- Community drinking water and irrigation project in Gulmi; scholarships for 20 children at Rastra Nirman School, Mulpani
- Global Grant project for a maternity hospital water treatment plant; free health check-ups at HPN Clinic, Bhaktapur
- Polio awareness campaign on 24 October; health camp and warm clothes distribution in November and December

THIS MONTH: New-member orientation, Membership Month fellowship, burn prevention training

COMING UP: Polio awareness campaign (24 Oct) • TRF annual target (Nov) • Warm clothes distribution (Dec)