

THE BAGMATI

MONTHLY BULLETINE

Rotary
Pashupati Kathmandu



Rotary Year 2026/2027

**CREATE
LASTING
IMPACT**



FROM THE EDITOR

Rtn Tej Prasad Timsina
Club President 2026-27

THE BAGMATI is the monthly bulletin published by the club in both physical and online version. The sole purpose of this magazine is to update the members and guests regarding the projects of the club. We also encourage our members to put their valuable article in this bulletin.

Food Donation at Aarogya Birami Aashram

Under the banner of the KJ Baral Food Bank, the club marked the 80th birthday of AKS Sashi Raj Pandey with a donation of food items worth Rs. 80,000 to Aarogya Birami Aashram in Maharajgunj. The ashram, tucked behind the Teaching Hospital, shelters patients and families who travel from districts far from Kathmandu for treatment and cannot afford a stay in the city. Club President Tej Prasad Timsina handed over the supplies together with ten Rotarians and a guest, and almost 50 people benefit directly. Our thanks to AKS Sashi Raj Pandey for a gift that eases the worry of those waiting for care. Jay Rotary!

KJ Baral Rotary Food Bank at Rakshya Nepal

To celebrate the 43rd birthday of Major Donor Rtn. Bandana Khanal, the club organised another KJ Baral Rotary Food Bank programme, this time at Rakshya Nepal, an orphanage home. Food items worth Rs. 75,000 were handed over by Rtn. Bandana, who wished for the happiness and safety of the children. About 40 children will feel the difference, and she has promised to think about their wellbeing in the days ahead. Jay Rotary!

July at a glance

- 2 food donation programmes
- Rs. 155,000 in food supplies
- About 90 people supported
- Rotary Year 2026/27 begins under President Tej Prasad Timsina

Join us every Wednesday

The Rotary Club of Pashupati Kathmandu meets every Wednesday at 5:30 PM at Hotel Airport, Airport Gate. Guests and prospective members are always welcome.

Service Above Self

Rotary's principal motto reminds every member that the real measure of a club is not the number of meetings held but the number of lives touched. Every packet of food handed over, every training conducted and every neighbour helped begins with this one simple idea. This year, The Bagmati will carry it from our weekly table at Hotel Airport to every reader, every month.



The Four Way Test
Is it the **TRUTH**?
Is it **FAIR** to all concerned?
Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
Will it be **BENEFICIAL** to all concerned?

Rotary Leaders 2026-27



Olayinka Hakeem Babalola
President, Rotary International



Vishnu Bahadur Karkee
District Governor, RI District 3292



Tej Prasad Timsina
President, Rotary Club of Pashupati
Kathmandu

About Our Club

The Rotary Club of Pashupati Kathmandu (Club ID 51038) was chartered on 1 April 1998, with Ganesh Bahadur Thapa as Charter President. More than 28 years on, the club continues to serve across nine areas of focus: fighting disease, saving mothers and children, clean water and sanitation, disaster response, protecting the environment, child development, happy schools, Rotary Literacy TEACH and supporting education. Our club portal has recorded 21 service projects so far. We meet every Wednesday at 5:30 PM at Hotel Airport, Airport Gate, and every guest is welcome.

A New Rotary Year

Rotary Year 2026/27 opened on 1 July 2026, with Olayinka Hakeem Babalola leading Rotary International, Vishnu Bahadur Karkee guiding District 3292 and Tej Prasad Timsina steering our club. Rotary's core values of Service, Fellowship, Diversity, Integrity and Leadership will guide each project we take up this year, and this bulletin will record them month by month.

Rotary's Seven Areas of Focus

Promoting peace

Supporting conflict prevention and resolution

Fighting disease

Prevention, treatment and public awareness

Clean water and sanitation

Safe water, sanitation and hygiene for all

Saving mothers and children

Healthier births and healthier childhoods

Supporting education

Basic education and literacy for every child

Growing local economies

Livelihoods and community development

Protecting the environment

Sustainable communities for the future

Your club, your cause

Every project we take up fits one of these seven areas

Club Board 2026-27

President – Tej Prasad Timsina
 President Elect – Dipendra Banskota
 Immediate Past President – Ganesh Subedi
 Vice President – Bindu Prakash Joshi
 Vice President – Manoj Paudel
 Secretary – Ramu Pandeya
 Joint Secretary – Nisha Acharya
 Treasurer – Moti Ram Phuyal
 Service Project Chair – Ganesh Subedi
 Membership Chair – Prakash Sapkota
 TRF Chair – Dr. Archana KC
 Public Relations Chair – Surya Bahadur Adhikari
 Club Administration Chair – Dr. Binod Dangal
 Club Learning Facilitator – Milan Kumar KC

Chartered President
 Ganesh Bahadur Thapa

Club Mentors
 Haribhakta Budhathoki
 Rajesh Neupane
 Shalik Ram Adhikari

Club Advisors
 Sashi Raj Pandey
 Chuman Jung Shahi
 Durga Prasad Subedi

Happy Birthday

Rtn Anil Kumar Kejriwal – 1 July
 Rtn Bhupendra Ghimire – 4 July
 PP Rtn Rajendra Rijal – 5 July
 CP Rtn Ganesh Bahadur Thapa – 7 July
 CM Rtn Haribhakta Budhathoki – 8 July
 AKS Rtn Sashi Raj Pandey – 16 July
 Major Donor Rtn Bandana Khanal – 17 July
 President Rtn Tej Prasad Timsina – 22 July

Write for The Bagmati

This bulletin belongs to every member. Send your articles, project reports and photographs to the Public Image Committee so they can appear in the next issue. Wishing every Rotarian a month of service, fellowship and good health. Jay Rotary!



The Four Way Test

Is it the TRUTH? Is it FAIR to all concerned? Will it build GOODWILL and BETTER FRIENDSHIPS? Will it be BENEFICIAL to all concerned?

From the Editor's Desk

A New Rotary Year, A Fresh Page

Every July, Rotary clubs around the world turn a page. Presidents change, committees are formed and new plans take shape. At the Rotary Club of Pashupati Kathmandu the new year began the way we like it best: by showing up. Within days of taking charge, our club was at the doors of Aarogya Birami Aashram and Rakshya Nepal with food for those who needed it. That is the spirit we hope to carry through the months ahead.

This bulletin is named after the Bagmati, the river that runs through our valley and touches so many lives along its banks. Like the river, a club moves forward only when its members flow together, sharing ideas, sharing work and sharing joy. Whether you write a line, take a photograph or simply turn up on a Wednesday evening, you are part of this story.

We invite every member to send in reports, photographs, birthday wishes and personal stories. Small contributions make a rich bulletin. Let us make this Rotary year one we will be proud to read again years from now.

Rotary at a glance

FOUNDED

23 February 1905 in Chicago, USA,
by Paul Harris and three friends

PRINCIPAL MOTTO

Service Above Self

SEVEN AREAS OF FOCUS

Peace, disease, water, mothers and children, education, local economies and the environment

THE ROTARY FOUNDATION

Rotary's charitable arm, funding service projects around the world

POLIOPLUS

Rotary's work to end polio worldwide began in 1985

CREATE LASTING IMPACT

Our slogan for Rotary Year 2026/27

Our Five Core Values

Service

Giving time, skill and resources to those who need them.

Fellowship

Friendships that make the work lighter and the memories longer.

Diversity

Many professions and perspectives, one shared purpose.

Integrity

Doing what is right, even when nobody is watching.

Leadership

Growing members who can lead change in their own communities.

The Four-Way Test

Written in 1932 by Herbert J. Taylor and adopted by Rotary in 1943, the Four-Way Test is a simple compass for every decision a Rotarian makes. Of the things we think, say or do:

1 Is it the **TRUTH**?

Honest words and honest numbers build trust, in a club and in a community.

2 Is it **FAIR** to all concerned?

Every decision should leave room for every voice around the table.

3 Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?

The best projects bring people closer, long after the work is done.

4 Will it be **BENEFICIAL** to all concerned?

Good service lifts the one who receives it and the one who gives it.

Rotary Quiz: Test Yourself

1. In which year was Rotary founded?
2. Who founded the first Rotary club?
3. What is Rotary's principal motto?
4. Rotary has worked to end which disease since 1985?
5. How many areas of focus does Rotary have?

Answers: 1) 1905 2) Paul Harris 3) Service Above Self 4) Polio 5) Seven

Notice Board

Weekly Meeting

Every Wednesday, 5:30 PM at Hotel Airport, Airport Gate. Guests are always welcome.

Write for The Bagmati

Send reports, photos and stories to the Public Image Committee for the next issue.

Find Us Online

www.rotaryclubofpashupati.org.np
and Facebook: Rotary Club of Pashupati-Ktm



Committee Corner

Club Administration Committee

Chair: Dr. Binod Dangal

Advisor: Surya Bahadur Adhikari • Co-Chair: Bhuwan Singh Kunwar • Members: Jessica Chemjong, Dipendra Banskota, Chiranjibi Bhattarai

- Update the club bylaws and constitution; publish the souvenir "The Pashupati" and this bulletin, The Bagmati
- 48 regular, 12 board and 6 assembly meetings planned, with 12 guest speakers through the year
- Family picnic on 24–25 January 2027; Chartered Day and the District Governor's visit on 1 April 2027
- Birthdays, anniversaries and festival fellowships, including Dashain Tika

The Rotary Foundation Committee

Chair: Dr. Archana KC

Advisor: Rajesh Neupane • Co-Chair: Bharat Karki • Members: Jessica Chemjong, Shalik Ram Adhikari, Ganesh Subedi

- Giving targets for the year: USD 15,000 annual target (November), USD 10,000 for polio (October), USD 5,000 Annual Fund
- Total goal of USD 30,000, with every member contributing
- Aims: five new PHF/MPHF members, one Major Donor and one Global Grant

Membership Committee

Chair: Prakash Sapkota

Advisor: Haribhakta Budhathoki • Member: Nisha Acharya

- Four new members inducted (two women, two men); club officers' training held in July jointly with Zone 3 clubs
- New-member orientation completed in August; 32 members (65%) registered on My Rotary
- Aims: 100% retention, more women members, spouses in Rotary, and Rotaractors joining as Rotarians

Public Relations Committee

Chair: Surya Bahadur Adhikari

Advisor: Chuman Jung Shahi • Co-Chair: Moti Ram Phuyal • Members: Manoj Paudel, Hark Bahadur Saud

- Share club projects on the Viber group, Facebook page, website, GML and Rotary magazine
- Publish this bulletin every month; show the Four-Way Test and Rotary identity at the meeting venue
- Upgrade the Rotary Prahari Batika and display Rotary banners at project sites and public events

Service Project Committee

Chair: Ganesh Subedi

Advisor: Sashi Raj Pandey • Members: Bhubaneswori Rao, Giri Raj Khatri, Manoj Paudel

- Community drinking water and irrigation project in Gulmi; scholarships for 20 children at Rastra Nirman School, Mulpani
- Global Grant project for a maternity hospital water treatment plant; free health check-ups at HPN Clinic, Bhaktapur
- Polio awareness campaign on 24 October; health camp and warm clothes distribution in November and December

THIS MONTH: Officers' training with Zone 3 clubs, four new members inducted, food bank programmes

COMING UP: Polio awareness campaign (24 Oct) • TRF annual target (Nov) • Warm clothes distribution (Dec)