

THE BAGMATI

MONTHLY BULLETINE

Rotary
Pashupati Kathmandu



Rotary Year 2025/2026

UNITE
FOR
GOOD



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RI District 3292



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RY 2025-2026



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THE BAGMATI is the monthly bulletin published by the club in both physical and online version. The sole purpose of this magazine is to update the members and guests regarding the projects of the club. We also encourage our members to put their valuable article in this bulletin.

Mission Humla: Health and Education, November 11-12, 2025

Rotary Club of Pashupati Kathmandu conducted a high-impact health and humanitarian mission in Namkha Rural Municipality, Ward No. 3, Humla. Following a successful screening phase, the team established a comprehensive health camp and clothing distribution drive to serve the remote community during the harsh winter season.

Under the medical guidance of Rtn. Dr. Binod Dangal and Rtn. Dr. Archana KC, the camp provided specialized diagnostics and treatments for a wide variety of conditions, including COPD, Osteoarthritis, and Gastritis.

- **Diagnostics:** Conducted 50 blood sugar tests (identifying 20 cases of diabetes), 170 BP checks (40% showed high BP), and over 100 ultrasound screenings.
- **Specialized Care:** Provided NCD (Non-Communicable Disease) prevention counseling, full pharmacy services, and successfully performed one surgical procedure.
- **Scale of Impact:** More than 200 patients received medical attention over the two-day period.

In addition to medical care, the club extended its support to the younger generation in the region:

- **Shree Motiram Primary School:** Warm clothing was distributed to students to help them cope with the extreme Humla climate.
- **Leadership:** The project was led by President Rtn. Ganesh Subedi and First Lady Rtn. Bandana Subedi, with critical coordination by Committee Chair Rtn. Harka Saud.

This mission successfully brought essential medical services to one of the most underserved regions of Nepal. By combining diagnostic screenings, surgical intervention, and the distribution of winter essentials, the club addressed both the immediate health and survival needs of the local population.

This initiative truly captures the Rotary spirit of spreading "Service Above Self" to the further reaches of Nepal.

