

THE BAGMATI

MONTHLY BULLETINE

Rotary
Pashupati Kathmandu



Rotary Year 2025/2026

**UNITE
FOR
GOOD**



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THE BAGMATI is the monthly bulletin published by the club in both physical and online version. The sole purpose of this magazine is to update the members and guests regarding the projects of the club. We also encourage our members to put their valuable article in this bulletin.

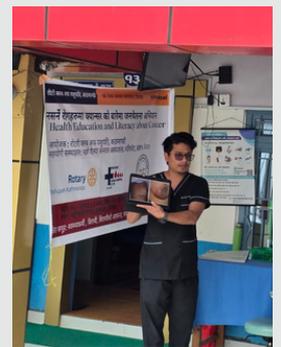
Keep Smiling Mother, September 6, 2025

Rotary Club of Pashupati Kathmandu organized a service project titled "Keep Smiling Mother" at the Kageshwari Manohara Elderly Home in Alapot, Kathmandu. The initiative was designed to support elderly residents during the festive seasons of Teej and Dashain, ensuring they felt remembered and cared for during these significant cultural celebrations.

The club provided essential items and festive gifts to the residents to improve their living conditions and holiday spirits:

- **Clothing:** New clothes were distributed to the residents for the festive season.
- **Essentials:** Critical household items, including mosquito nets, were provided to enhance health and comfort.
- **Emotional Support:** The primary objective was to bring joy to parents living a lonely life in the elderly home.

The project successfully reached its target of 10 beneficiaries, providing them with necessary supplies and festive cheer. By targeting the period between Teej and Dashain, the club was able to foster a sense of belonging and "bring a smile to the eyes" of those who often face isolation.



Cancer Awareness Program, September 18, 2025

It is inspiring to see the Rotary Club of Pashupati Kathmandu extending its reach beyond the valley to support health literacy in Dolakha. Here is a formal report for your club assembly regarding the cancer awareness initiative.

The session focused on empowering local residents with knowledge to combat the stigma and health risks associated with cancer:

- **Community Engagement:** The program successfully targeted the grassroots level, ensuring that life-saving information reached those with limited access to specialized medical advice.
- **Expert Collaboration:** Technical support and the venue were provided by Tsho Rolpa Hospital in Charikot.
- **Educational Focus:** Presentations included visual aids to help participants identify early warning signs and understand the importance of screening.

The program has had a significant impact on increasing the general awareness of cancer symptoms and prevention strategies within the Charikot community. By educating 100 participants, the club has created a ripple effect of health literacy that will benefit families across the Dolakha district.

